

## **Dr. You is Back!**

We are excited to announce that Dr. You has returned with his son Alex from China, and is taking patients again on August 16, 2011.

Dr. Bing You is recognized as a Diplomat of Pain Management by American Academy of Pain Management, associate professor and director for the Pain Management Program at American College of Acupuncture and Oriental Medicine (ACAOM), Houston.

He spent eight years in integrated Chinese and western medical training, and completed his Medical Doctor (China) training in 1993 and Master of Medicine Specializing in Acupuncture in 1996 from Chengdu University of Traditional Chinese Medicine in Sichuan, China, his three-year residency training was in Affiliated Hospital of Chengdu University of TCM and The Third Municipal Hospital of Chengdu (mainly western medicine). He is the sixth generation of Taichi-Qigong Disciple from Master Jinhui Song. In 1996, in honor of his many achievements, he was recognized as the Provincial Outstanding Young Physician in Sichuan Province.

Uniquely trained in both eastern and western medicine, Dr. You is pioneering in integrating western and Chinese medicine in the United States. In 2000, he was invited to American College of Acupuncture and Oriental Medicine (ACAOM) to train acupuncturist and give continuing education to physicians. Dr. You is also a researcher involved in a NIH-grant funded project researching the benefits of acupuncture on osteoarthritis of the knee and acupuncture for chemo-induced peripheral neuropathy at MD Anderson Cancer Center. He is a speaker on acupuncture, Taichi, Qigong and Integrative Medicine at Rice University, Institute for Spirituality and Health at Texas Medical Center, Texas Children's Hospital, Methodist Hospital, Memorial Herman Hospital, St. Luke's Episcopal Hospital and Park Plaza Hospital.

Dr. You believes that Integrative Medicine bypasses the debate of whether eastern or western medicine should serve as the primary core of modern medicine. Often, eastern is regarded as a "mere complement" to the "core"; while Integrative Medicine promotes that the synergy of both should become the "transcendent core" of modern global medicine.

His integrative practice attracts many physicians and Houstonians' attention. He is greatly honored to have attracted the attention of and to be mentored by medical and community leaders (impressed by the healing power of Dr. You's skills and approach first hand) such as: Dr. Michael DeBakey, Mr. Stan Marek (a well-known and highly respected Houston philanthropist), and Mr. Michael Jhin, (Chief Executive Officer Emeritus of St. Luke's Episcopal Health System(SLEHS), and the System's former President and CEO who supported and encouraged Dr. You in spearheading a proposed Center for Integrated Medicine, a center that, St. Luke's Episcopal Hospital's(SLEH) former CEO, Dr. David Pate, had great interest in establishing). Dr. You is the Official Acupuncturist for the Methodist Hospital's Center for Performing Arts Medicine.

His memberships include, but are not limited to American Academy of Pain Management and International Association for the Study of Pain. Dr. You maintains an active clinical practice specializing

in sports injury and pain management with a secondary specialty in internal medicine disorders, with extensive experience in treating sciatica, headache, neck pain, lower back pain, arthritis, pain in the four extremities, overweight, insomnia, mood disorders, stroke and spinal injuries, cancer support and men's health.

Dr. You founded the weMED Clinic, along with Dr. Tao Ma (Internist and Women's Specialist in Integrative Medicine), Dr. Margit Winstrom (Family Doctor) and Dr. William Riley (Neurologist, former Chief of Neurological Service at SLEH). weMED Clinic is the one and only truly integrated western and eastern medical clinic in Houston and in the nation, where it provides the best of both worlds in medicine to promote wholeness and wellness.

**About weMED Clinic:**

Our Mission is to create a new brand of medicine which provides the best of Western and Eastern medicine with the fewest side effects, with the aim of significantly improving modern American medical service. For more information, visit our website at [www.weMEDClinic.com](http://www.weMEDClinic.com) or call 713-572-3888.